

# North Platte Area Ready to Serve Volunteer Program

★ Serve Your Neighbor

★ Serve Your Community

★ Serve Your Country

901 East 10<sup>th</sup> Street, North Platte NE 69101

(308) 535-6777 (evening & weekend 535-8432) [rsvp@northplattene.gov](mailto:rsvp@northplattene.gov)

Office hours are Monday-Friday 8:00 a.m.-4:00 p.m.

Dana Songster, Director; DiAnn Nichelson, Amanda Odell & Cecilia Wonch, Secretaries, Helen Keslar, Office Volunteer  
[www.facebook.com/nprsvp](http://www.facebook.com/nprsvp) [www.volunteermatch.org](http://www.volunteermatch.org) [www.ci.north-platte.ne.us/volunteer/rsvp](http://www.ci.north-platte.ne.us/volunteer/rsvp) [www.allforgood.org](http://www.allforgood.org)

## May 2024

### Welcome!

RSVP is so happy to have four new RSVP Volunteer joining us! Please help us welcome Charles Mead, Karen Phillips, Dick Warneke, & Judy Wright. Welcome! We look forward to serving with you!

### In Memory of Current & Past RSVP Members:

#### Linda Konruff

14 years, 2 months  
1,669 hours

#### Clare Mesmer

11 years, 7 months  
2,167 hours

#### Ray Pafford

14 years, 6 months  
35 hours

### Sympathy to the following RSVP Members on the loss of a loved one:

*Brent Leeper*

*Robert Merrell*

*Jean Warner*

If you have lost a loved one & he/she is not mentioned in the newsletter, please accept our apologies. We were not aware.

### Lunch Drawing

Congratulations Judy Deutscher for turning in your March hours by April 5<sup>th</sup>! Judy has been a member of RSVP since February 2001. In her 23 years, she has volunteered at Messiah Evangelical Lutheran Church, Prairie Arts Center, Great Plains Health, just to name a few. Thank you for turning in your hours! Enjoy Double Dips.

### Hamburger Bash

We would like to thank the Eagles Club for providing us with the great meal at the Hamburger Bash. We would like to thank the Fraternal Order of Eagles #2839 for their on-going support of the RSVP Program. They have sponsored the Hamburger Bash for RSVP for the past 16 years. Please be sure & thank them for all they do for RSVP & the community.

Please consider supporting the Fraternal Order of Eagles Club by becoming a member. There are 1,200+ Aerie members & over 700 Auxiliary members. The North Platte Fraternal Order of Eagles Aeries & Auxiliary are the largest clubs in the state. The Eagles Club is a charitable fraternal non-profit organization. The Aeries was started in 1948 & the Auxiliary was started in 1954. You must be 18 years or older to become a member. Veteran's, active military, law enforcement, & firemen receive free membership the first year.

In the past 10 years over \$300,000 has been donated to various organizations & clubs in North Platte. The Eagles Club has two main fundraisers a year. A Golf Tournament & the Super Bowl Party. They also have raffles & other club related events. All meals are prepared by volunteers. The Eagles Club would not exist without volunteers.

### North Platte Giving Day...May 8<sup>th</sup>

Mark your calendar for May 8<sup>th</sup>, one of the best days to make a charitable contribution to a non-profit in North Platte.

The North Platte Area Ready to Serve Volunteer Program is gearing up for the 8<sup>th</sup> annual North Platte Giving Day! Giving Day is a 24-hour fundraising event on Wednesday, May 8<sup>th</sup> (from midnight to midnight, Central Time) during which people can help their favorite community causes in North Platte & Lincoln County. It is a day for charitable people to help provide needed funding for local non-profits. **We are excited to announce an anonymous donor will match gifts, dollar for dollar, up to \$2,000!**

There are 3 ways to give a gift to RSVP:

1. Mail a check to Mid-Nebraska Community Foundation, 121 North Dewey Street, Suite 112, North Platte NE 69101, with RSVP in your check memo. Please mail it early so it arrives before May 8<sup>th</sup>.
2. Stop by Mid-Nebraska Community Foundation or RSVP on or before May 8<sup>th</sup> & hand deliver your gift.
3. On a smartphone, tablet, or computer, go to [www.northplategivingday.org](http://www.northplategivingday.org) & complete the Giving Form. It will ask for your name, the organization you wish to give a gift to (North Platte Area RSVP), your credit card/debit card number, the amount you wish to give, & your e-mail address. You can schedule a gift from April 25<sup>th</sup>-May 8<sup>th</sup>, or you can log on & give on May 8<sup>th</sup>.

All gifts given to RSVP will be used to purchase books for the book distribution program, with renovations to RSVP building & to sustain the RSVP Program.

### Closed

The North Platte RSVP & Sr Center will be closed on Monday, May 27<sup>th</sup> for Memorial Day.

### Golden Games

Mark your calendars for Golden Games. This event will take place June 13<sup>th</sup> at the Recreation Center. The day kicks off with coffee & donuts, followed by opening ceremonies, games, lunch, more games, & a prize drawing. Fun, food & friends! Must be 55 years & older to participate.

If you have Facebook, please like the Golden Games page [www.facebook.com/NPGoldenGames](http://www.facebook.com/NPGoldenGames).

RSVP is sponsoring lunch so participants can enjoy a free lunch!

**Shred Day Event**

Securely dispose of your papers on May 3<sup>rd</sup> from 11:00 a.m.-1:00p.m. at NebraskaLand Bank, 1400 South Dewey. Free will donation to benefit Lincoln County Law Enforcement Memorial. NebraskaLand Bank will match your donation up to \$500!

**Wish List!**

**First United Methodist Church** - First Church Students are gearing up for a mission trip & request coloring books & crayons. They also need pool noodles & boxes (all sizes).

**Hope Esperanza** - hygiene products, household items, canned & non-perishable food items, & clothing.

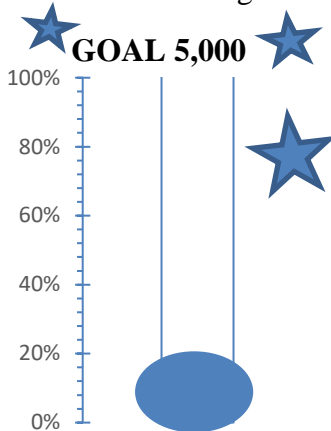
**Re-Store** – upholstery, furniture polish/cleaner, stuff to repair chairs, furniture, light bulbs, etc.

Please bring wish list items to RSVP. Thank you.

**RSVP Quilt Raffle**

Be on the lookout for a green envelope containing your raffle tickets. If you did not get them, please let us know!

We are also looking for volunteers to staff raffle booths in May-July. Please call RSVP to sign up for a few shifts!



The raffle has been going strong for a month already! A total of 611 tickets have been sold! Thank you to the volunteers who have staffed a raffle booth or sold/bought the tickets issued to you.

This year we are raffling off a beautiful quilt, 2 tickets to a Nebraska Football game plus \$100, & 2 tickets to a Nebraska Volleyball game plus \$100.

If you are interested in helping sell raffle tickets at Ace Hardware, Do-It Best, Gary’s at 4<sup>th</sup> Street, Bomgaars or during the Lincoln County Fair, please give us a call. We plan to set up the booth on Wednesdays & Thursdays. Shifts are 10:00 a.m.-12:00 p.m., 12:00-2:00 p.m. or 2:00-4:15 p.m.

The drawing will be held August 7<sup>th</sup>. Please like the NPRSVP Facebook page to watch the drawing live.

**Volunteer Opportunities**



Give the RSVP Office a call at 535-6777 if you are interested in volunteering at any of the following:

<p><b>Our Redeemer Lutheran School</b> Help in the kitchen. Monday &amp; Friday</p>	<p><b>Thrift Center</b> Help sort, hang &amp; display items or run the cash register.</p>	<p><b>Mid-Plains Community College</b> Assist ESL class-1 on 1 with student. Wednesday &amp; Friday 6:30-8:30 p.m.</p>
<p><b>Youth Track &amp; Field</b> May 4<sup>th</sup> Track Meet June 8<sup>th</sup> State Track Meet Help record distances, times, etc.</p>	<p><b>Visit North Platte</b> Volunteer as a Fun Advisor Friday 8:00 a.m.-12:00 p.m.</p>	<p><b>North Platte 80’s &amp; American Legion Baseball</b> Take admissions. Call for dates &amp; times.</p>
<p><b>Kids Fun Fest</b> June 18<sup>th</sup> 10:00 a.m.-6:00 p.m. Assist with fun jumpz &amp; rides at the Wild West Arena Pavilion Area.</p>	<p><b>Bargain Bin</b> Sort, display or help at the cash register. Sort donations on Thursday &amp; help at the cashier desk on Fridays &amp; Saturdays from 10:00 a.m.-3:00 p.m.</p>	<p><b>North Platte Senior Center</b> * Help in the kitchen. * Bingo - Saturday evenings. * Home Delivered Meals weekdays, 10:30 a.m.-12:00 p.m.</p>
<p><b>North Platte Public Library</b> Help with dusting, sorting donations, manage “Friends of the Library Bookstore” &amp; checking online for thrift books.</p>	<p><b>Lincoln County Veteran Service</b> <u>URGENT!!!</u> Drivers needed! Transport Veterans to Grand Island VA hospital or go to local towns &amp; bring Veterans to appointments in North Platte. A van is provided.</p>	<p><b>International Bazaar</b> September 29<sup>th</sup> Volunteers needed to help with set up/tear down, entrance tables, hospitality area, kids’ area, booth stand-ins, &amp; help with trash.</p>

**Banisters Leadership Academy**

Kitchen volunteers - \$10 gas stipend offered. Assist with set up, serving & cleaning up after dinner on the 2<sup>nd</sup> & 4<sup>th</sup> Saturday of the month from 4:30-6:30 p.m. during a youth leadership event.

Re-direction Coach - Looking for caring adults to help kids talk through situations before returning to group.

**Community Connections Mentoring**

Mentors needed for Community Connections READ mentoring. Volunteers will be paired with a child in kindergarten-5<sup>th</sup> grade, working to build their literacy skills. They will help youth purchase books & set reading goals monthly. These mentoring pairs can participate in our monthly game nights on the first Monday of the month. Dinner is included on these "Impact Nights". Mentoring pairs may also participate in the other mentoring activities Community Connections offers each month. Examples include art projects, kayaking, fishing, tours of local businesses, service projects, etc. We also have monthly youth-friendly workouts at Nebraska Athletic Club – which offers free membership to all Community Connections Mentors. Contact Angela at 696-0975 for more information.

**North Platte Children’s Museum**

Front Desk - Wednesday’s 10:00 a.m.-5:00 p.m. Answer the phone, take admission & assist with parties.

Maintenance - Tuesday, Thursday, & Fridays 10:00 a.m-5:00 p.m. Check exhibits for broken toys, tidying toys, & cleaning (laundry, vacuuming, sweeping, dusting, etc.).

## North Platte 80's baseball & American Legion Baseball Games Start May 17<sup>th</sup>!

Who is excited to watch some baseball this summer? We have a new team, North Platte 80's, coming to town. Please help support them. See all the exciting news & updates – "Like" their Facebook page & visit their website [www.northplatte80s.com](http://www.northplatte80s.com).

There will be some improvements made to the bleacher area & the backstop – come check it out.

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### The Connection Homeless Shelter

**Meal Prep & Service** – Monday-Saturday 6:30 a.m. & 6:30 p.m. Sunday 10:30 a.m. & 6:30 p.m.

**Front Office Assistant** – Answer phones, greet visitors, complete room checks & help meet resident's needs.

**Building Maintenance & Cleaning** – Help with small maintenance, bailing clothing, & cleaning duties.

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### Habitat for Humanity

**Habitat Office ~ New volunteer opportunity!** Help a few hours per week in the office. Looking for someone with phone skills, some computer skills, & a positive attitude.

**ReStore – is Open!** Restore is looking for volunteers to help with a variety of opportunities – from sorting, displaying, cleaning, fixing (woodworking, painting, upholstery, etc.) & selling items; at the cash register & assisting customers; doing data entry of donations; etc. ReStore is open Tuesdays-Saturdays from 10:00 a.m.-6:00 p.m. Volunteers are also needed on Wednesday mornings to do pickup's from 9:00 a.m.-12:00 p.m. Volunteers will ride along & help pick up donated items. Monday afternoon volunteers are needed to help move items from the warehouse to the store between 2:00-5:00 p.m. Volunteer once a month, on-call, or once a week – it is up to you! Stop by ReStore & sign up for shifts on the calendar in the office. Looking for a volunteer who could help coordinate the volunteer schedule. Please call 534-6251 for more information. Have stuff you would like to donate – call 534-6251.

**Construction Volunteers** – Volunteers are needed at the Job Site to help with all aspects of construction. A Women's Build site is being organized & more volunteers are needed! Also need help organizing this special project.

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### Great Plains Health

Great Plains Health has 15 different volunteer opportunities including those listed below. If you are interested in joining our great group of volunteers, call 568-7475 or e-mail [welchc@gphealth.org](mailto:welchc@gphealth.org). Training will be provided. Benefits include a free meal & gift shop discount.

- Wound Care Center – Tuesdays & Thursdays, 12:45-4:00 p.m.
  - Gift shop – Fridays 1:30-5:00 p.m. & sub options
  - Oak Street Medical Building – contact for details
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### Community Connections Drug Collection

What medications do you have at home? Would you know if some was missing? Limit access to these drugs & keep your home safe by properly disposing of unused & outdated medicines at the free monthly collection.

Community Connections is offering a drug disposal program at Bomgaar's on Saturday, May 18<sup>th</sup> (3<sup>rd</sup> Saturday of every month) from 11:00 a.m.-1:00 p.m. Dispose of prescriptions & over the counter medications that are expired or no longer needed. Medications are turned over to the Nebraska State Patrol who destroy them in an environmentally friendly manner. In partnership with Keep North Platte & Lincoln County Beautiful, the bottles & other packaging are recycled. Lockboxes are available at no cost. For more information, please call 696-3358.

Volunteers needed to help with drug class identification.

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### Lincoln County Historical Museum

The Lincoln County Historical Museum's mission is to collect, preserve, & exhibit the history of our region. One way to support the museum is through membership; individual is \$25 dollars, families or couples is \$45 dollars. Membership now includes the Heritage Festival (the festival costs \$5 per person for a two-day pass). The museum is not supported by tax dollars. Fundraising through membership drives & activities supports the museum's mission. Watch for information about Pancake Fee & Corn Feed. If you'd like to become a member, please contact the museum at 534-5640.

The Lincoln County Historical Museum opens May 1<sup>st</sup> for the summer. Summer hours are 9:00 a.m.-5:00 p.m. Monday-Saturday & 1:00-5:00 p.m. Sunday. The museum stays open until September 30<sup>th</sup>. Also, admission prices are as follows: 5 & under- Free, 6-12 years old- \$5, 13 years old & above- \$10.

Volunteers are needed to staff the Front Desk. To volunteer, please call the museum at 534-5640.

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### Poppy Day

American Legion Auxiliary will be distributing poppies on May 18<sup>th</sup>. Volunteers are needed for a 1-hour shift. Go to the American Legion Hall located at 2020 East 4<sup>th</sup> Street, 20 minutes before your assigned shift to pick up poppies & donation canister. A "volunteer" pin will also be given to wear. Then you will go to one of the following stores: Ace Hardware, Gary's Super Foods, Perkins, Pop Corner, Bomgaar's, & Do It Best. Shifts are from 10:00 a.m.-1:00 p.m. At the end of your shift, return donations, pins & poppies. A light snack will be served after your shift. Call RSVP at 535-6777 to volunteer. Monetary Donations are appreciated. Funds raised support Veteran Programs.

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### Cinco De Mayo Celebrations

Music \* Food \* Games \* Raffles May 5<sup>th</sup> 1:00-6:00 p.m. Canteen District

Thanks to Hope Esperanza, Community Connections Mentoring, West Central District Health & many others for organizing this event. Contact Tine Maria for more information or to be a vendor at 660-5935.

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**Cody Park Concessions and Rides are open!!!**

### **Golden Spike Tower**

Join our team & be a part of something truly special! Every year, we welcome nearly 30,000 guests from around the globe eager to experience the wonder of the World's Largest Railyard. While our 104-foot tower offers breathtaking views, it's the stories & insights shared by our dedicated volunteers that truly leave a lasting impression. Whether you're passionate about railroads or simply love sharing knowledge, your contribution can make a world of difference. We have openings on Saturdays, Sundays, Mondays, & Tuesdays, as well as opportunities for fill-ins & special VIP tours. Whether you can volunteer weekly, bi-monthly, or on call, your enthusiasm & expertise are invaluable to us. If you're ready to be a positive advocate for the Golden Spike Tower, Union Pacific, North Platte, & Nebraska, we want you on our team! Join us for a Volunteer Open House on May 7<sup>th</sup>, from 2:00-3:00 p.m. at the Golden Spike Tower to learn more about this unique opportunity. Contact Natasha at (308)330-0111 or Kirsten at (308) 330-0110 to get involved today!

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### **Golf Enthusiasts**

Volunteers are needed for several positions for the Nebraska School Activities Association (NSAA) Boys Class D State Golf Championship that will be held at Lake Maloney Golf Club on May 21<sup>st</sup> & 22<sup>nd</sup>. Volunteering involves a 5–8-hour shift where you may be assisting the participants with recording their strokes, watching tee shots, looking for lost balls, communicating scores, & more. Lunch will be provided along with a complimentary NSAA jacket. For more information, or to volunteer, please contact Visit North Platte at 532-4729.

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### **Prairie Arts Center**

The Prairie arts Center is looking for volunteers to help with kids' art classes every Wednesday & Thursday starting May 22<sup>nd</sup>. Please contact Holly at 534-5121 to schedule a time.

The Prairie Arts Center will feature the Paws on the Platte Dog Sculptures during a reception open to the public on May 14<sup>th</sup> at 5:00 p.m. The reception will feature dog statues as well as art in the galleries; The Main Gallery Exhibit - "Art of Food". Impact Gallery - Artist Sue Perez & Spirit Animals. Focus Gallery artwork "Man's Best Friend". Also watch for new Sculptures in the downtown Canteen District. This self-guided walking tour of sculptures was spearheaded by the Prairie Arts Center & the Sculpture Walk Across Nebraska program to create North Platte Sculpture Walk. This year 6 sculptures will be installed in the first week of May. You can use the Otocast app for an audio tour. Sculptures will rotate annually.

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### **Downtown Association to Hold Cleanup on May 14<sup>th</sup>**

RSVP volunteers needed to help with registration & cleanup! The North Platte Downtown Association in coordination with Keep North Platte & Lincoln County Beautiful (KNPLCB) will be holding the annual Downtown Cleanup on May 14<sup>th</sup>. The event is held annually as part of the Great American Cleanup which is the country's largest community improvement program that kicks off in more than 20,000 communities each spring. This national program engages 2 million volunteers who take action in their communities to create positive change & lasting impact.

The day will kick off with breakfast & a short meeting at 8:30 a.m. sponsored by NebraskaLand Bank at their downtown location. Volunteers will be split into groups to begin cleanup efforts. Lunch will be served at 1<sup>st</sup> Interstate Bank. Volunteers don't need to be present for the entire day. After the initial registration at NebraskaLand Bank, the headquarters will be moved to the corner of 5<sup>th</sup> & Dewey. Water & soda will be provided, & all other supplies will be available. Volunteers can stop in at any time during the day & stay for as long as they would like.

"Many people contributing small acts, can make a big impact," said Mona Anderson, Executive Director of KNPLCB "We can make a big impact one piece of litter at a time." Jacob Childers, Downtown Association Cleanup Chairman agreed, "We all deserve to live in a clean & safe community. It is up to us to help create & maintain it." The Downtown Cleanup will cover an area from B Street to Front Street & Willow Street to Poplar Street. For more information, please call KNPLCB at 534-8100.

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### **North Platte Community Playhouse Events**

May 7<sup>th</sup> at 10:30 a.m. - Town Hall Lecture Series event

May 11<sup>th</sup> at 3:00 p.m. & 7:00 p.m. - Movie - "Ghostbusters 4

May 12<sup>th</sup> at 3:00 p.m. - Movie - "Ghostbusters 4

May 14<sup>th</sup> at 7:30 p.m. - Concert Association - "Brassfire"

May 25<sup>th</sup> at 3:00 p.m. & 7:00 p.m. - Movie - "Godzilla Kong"

May 26<sup>th</sup> at 3:00 p.m. - Movie - "Godzilla Kong"

Movies - \$5 at the door. For more information, visit [www.northplattecommunityplayhouse.com](http://www.northplattecommunityplayhouse.com).

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### **Triple Bee Flea Market**

Triple Bee Flea Market has an exciting month planned for you! Join them every Saturday for a blast of fun & entertainment! With live music on opening day: Get ready to groove to some awesome tunes with a variety of vendors: explore a diverse range of products each Saturday, food & drink vendors, & kids' game of the week. Plus, the kids can play on the new playground. Mark your calendars for the third Saturday of each month because it's Swap Meet Saturdays! Bring along your car parts, auto memorabilia, or anything you would like to swap or sell at our flea market. Do not miss out on the excitement! See you on Saturdays at the Salvation Army.

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### **Relay for Life**

Relay for Life of the Plains will be having an event on July 20<sup>th</sup> at 6:30 p.m. at Bill Wood Field in conjunction with the new baseball team - North Platte 80's!! This is the link for their website →. They would love to see survivors attend the event to be honored. There will be a luminary ceremony right after the game (weather permitting). You can bring together a team to help raise money as well as looking for sponsors for the event. Questions? Contact Lori at [ladyarcher63@gmail.org](mailto:ladyarcher63@gmail.org) or 530-3071.



**North Platte Senior Center      901 East 10<sup>th</sup> Street, North Platte      532-6544**

Lunch is served 11:30 a.m.-1:00 p.m. Monday-Friday. Office is open Monday-Friday, 8:00 a.m.-4:00 p.m. They offer home delivered meals to qualified individuals. They also offer to-go meals. Please call the day before to reserve a meal (call Friday to reserve for Monday). You can pick up a reserved to-go meal between 11:15 a.m.-12:30 p.m. A client intake form will need to be completed. Follow them on Facebook at @northplatteseniorcenter. Meals are \$5.50 - 60 & over, or \$7.50 - 59 & under. The center is open to card groups, dances, bingo, activities & is available to rent.

May 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
The North Platte Senior Center also provides meals for the Hershey Senior Center		Chicken Ala King Over a Biscuit, Mashed Potatoes, Tomatoes with Zucchini, Fruit Cocktail, & Cheese Cubes	Meatloaf, Baked Potato, Cauliflower with Cheese Sauce, & Mandarin Oranges	Honey Butter Biscuit Fish, Macaroni & Cheese, Peas, Apricots, & Corn Salad
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Hot Pork Sandwich, Mashed Potatoes, Gravy, Brussel Sprouts, & Pears	Lemon Chicken, Au Gratin Potatoes, Peas & Carrots, & Peaches	Stuffed Pepper, Parsley Buttered Potatoes, Green Beans, Pineapple, & Swiss Cheese Cubes	Pork Chop, Chunky Potatoes, Succotash, & Applesauce	<b><u>Mother's Day Dinner</u></b> Chicken Cordon Bleu, Rice Pilaf with Cheese Sauce, Asparagus, Carrot Raisin Salad, Fruit Cocktail, Cheesecake, & Dinner Roll
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Beef & Noodles, Mashed Potatoes, Sugar Snap Peas, Peaches, & Cottage Cheese	Chicken Salad on a Croissant, 3 Bean Salad, Potato Salad, & Pineapple	Polish Dog, Scalloped Potatoes, Sauerkraut, Fruit Cocktail, & Pea Salad	Chicken Strips, Creamed Potatoes, Broccoli, & Pears	Pork Cutlet, Mashed Potatoes, Country Gravy, Corn, & Mandarin Oranges
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Cheese Omelet, Sausage Patty, Hash Brown Casserole, Baby Carrots, Fruit Cocktail, & Danish	Baked Chicken, Au Gratin Potatoes, Lima Beans, & Peaches	Sloppy Joes, Tator Tots, Baked Beans, & Pineapple	Lettuce Salad, Grilled Chicken Breast, Cheese & Diced Tomatoes, Mandarin Oranges, Cucumber Slices, & Club Cracker	<b><u>Birthday Dinner</u></b> Roast Beef, Mashed Potatoes, Gravy, California Blend Vegetables, Tropical Fruit, Dinner Roll, Cake, & Ice Cream
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
CLOSED FOR MEMORIAL DAY	Swiss Steak, Mashed Potatoes, Gravy, Carrots, & Peaches	Fish Sandwich, Steak Fries, Peas with Onions, Pears, & Coleslaw	Sweet & Sour Chicken Breast, Rice, Winter Blend Vegetables, Pickled Beets, Apricots, & Egg Roll	Ham, Potatoes O'Brien, Wax Beans, Raspberry Applesauce, & Lettuce Salad

**Available at the North Platte Senior Center...**

**Balance Class** ~ Jon Wieseler will teach the class on Wednesdays at 1:00 p.m.

**Bingo** ~ Saturday evenings. Open to the public. Must be 18 & over to play. 3 TV screens! Early bird game at 6:30 p.m. Bingo begins at 7:00 p.m. Cash cow. Special games. Flash bingo cards. Proceeds benefit the senior center.

**Blood Pressure Clinic** ~ 2<sup>nd</sup> Wednesday of the month from 11:30 a.m.-12:30 p.m. Provided by Azria Health.

**Card Party** ~ Fridays at 6:00 p.m.

**Dances** ~ Wednesdays - 7:00-10:00 p.m. \$10/person. Also on Sunday, May 12<sup>th</sup> & 19<sup>th</sup> 2:00-5:00 p.m.

**Farmer's Market Coupons** ~ Coming in June. Dates will be announced in the June newsletter.

**Lending Library** ~ We have lots of books available to borrow.

**LifeLine Screening** ~ May 13<sup>th</sup>. Call 1-800-640-6307 to schedule a screening. 4 screenings for only \$149.

**Medical Equipment** ~ The following items are available to borrow power wheelchairs, wheelchairs, walkers, canes, toilet seat risers, bathtub handles, hospital bed, bed rails, transfer board, CPAP machine, & much more. They also have Depends, under pads, etc. They do accept these items as donations also. Call 532-6544 & let us know your needs.

**Puzzles** ~ We have 350 to-1,000-piece puzzles available to borrow!

**Tia- Chi** ~ Tuesday & Thursday at 9:00-10:00 a.m. in the Senior Center Gymnasium. No cost for class. Start at the beginning of the session.

**Community Action Partnership of Mid Nebraska      901 East 10<sup>th</sup> Street      532-3250**

If you are interested in any of the following programs, call to make an appointment.

- **Weatherization** provides long lasting energy saving upgrades to homeowners who qualify. These services are offered at no cost. Please tell your friends & family, as they really need applications for Lincoln County.
- **Emergency Utility Assistance** helps with eviction notices & disconnected utilities...when funding allows.
- **The Commodities Supplemental Food Program** provides free, nutritious, supplemental food to income eligible individuals 60 years & older. Income eligibility goes by Net Income...\$1,632 for a 1-person household or \$2,215 for a 2-person household. If you are interested & eligible, please call for an appointment. Must have proof of age, income & address. The next distribution will be held on **May 16<sup>th</sup>**. You can pick up at the Presbyterian Church, 1901 West Leota Street from 8:00-10:00 a.m. Residents of Buffalo Bill Manor, South Oak Manor, Taborwood Townhomes & Autumn Park will also get them delivered.

**RSVP Hours Sheet  
May 2024**

RSVP-901 East 10<sup>th</sup>  
Street, North Platte NE

**Name (please print):** \_\_\_\_\_

<p>Please keep track of your volunteer hours. The general rule of thumb is - <b>count everything</b>, except the services you get paid for &amp;/or services you do for your family. If you have questions, please call RSVP at 535-6777.</p>			<p>Please help us keep your contact information current. Please let us know if you have changed your <b>address, phone number</b> or <b>e-mail address</b>.</p> <p>Notes... _____ _____ _____ _____</p> <p>By signing below, I certify that this statement &amp; the hour reported are true, correct &amp; complete to the best of my knowledge.</p> <p>Volunteer Insurance: I certify that I possess a valid driver's license &amp; liability insurance in the minimum amount required by law was in force at the time of this travel.</p> <p>_____ Your Signature</p> <p>Please remember to record your hours each day. Also, please report your hours monthly. You can... *Hand deliver (<b>drop off box</b>) or mail (901 East 10<sup>th</sup> Street, North Platte NE 69101), *Call (535-6777), *e-mail rsvp@northplattene.gov, *Submit them on our website <a href="http://www.ci.northplatte.ne.us/volunteer/rsvp/rsvp-hours">www.ci.northplatte.ne.us/volunteer/rsvp/rsvp-hours</a>.</p> <p>If you drop them by, we will have a gift for you! This month we are handing out key chains with bottle opener &amp; flashlight.</p> <p>If you turn in your hours by the 5<sup>th</sup> of the month, you will be placed in a drawing for a free lunch.</p> <p>The newsletter can be found on-line at <a href="http://www.ci.northplatte.ne.us/volunteer/rsvp/rsvp-newsletter">www.ci.northplatte.ne.us/volunteer/rsvp/rsvp-newsletter</a> to print the newsletter.</p>
Date	Site & Duties	# of Hours	
<p><b>Bereavement (Funeral)</b> - If you help with a funeral dinner at church put it under the church. This is for the support of the family, like taking them food, for example.</p>			
<p><b>Friendly Visitation</b> - When you go &amp; visit someone in their home, nursing home, hospital, etc.</p>			
<p><b>In-Home Care</b> - If you help someone in their home with laundry, snow removal, lawn care, cooking, paying bills, etc.</p>			
<p><b>Telephone Reassurance</b> - When you call someone to visit or check up on them.</p>			
<p><b>Transportation</b> - When you drive someone to the store, doctor, to an event, or just a Sunday drive.</p>			
Total Hours:			

We, at the RSVP Office, are so thankful for your efforts!